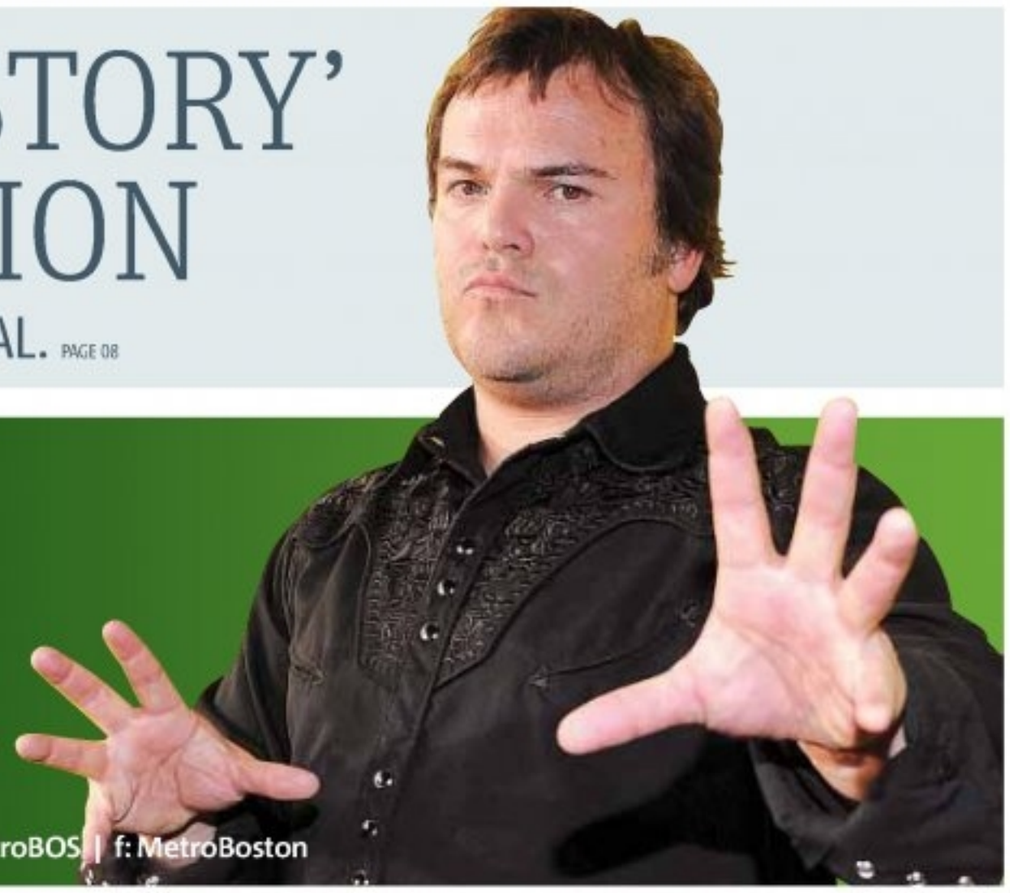
STUDY UP: 'DRUNK HISTORY' IS COMING TO TELEVISION

THE WEB SERIES FEATURING JACK BLACK HITS COMEDY CENTRAL. PAGE 08



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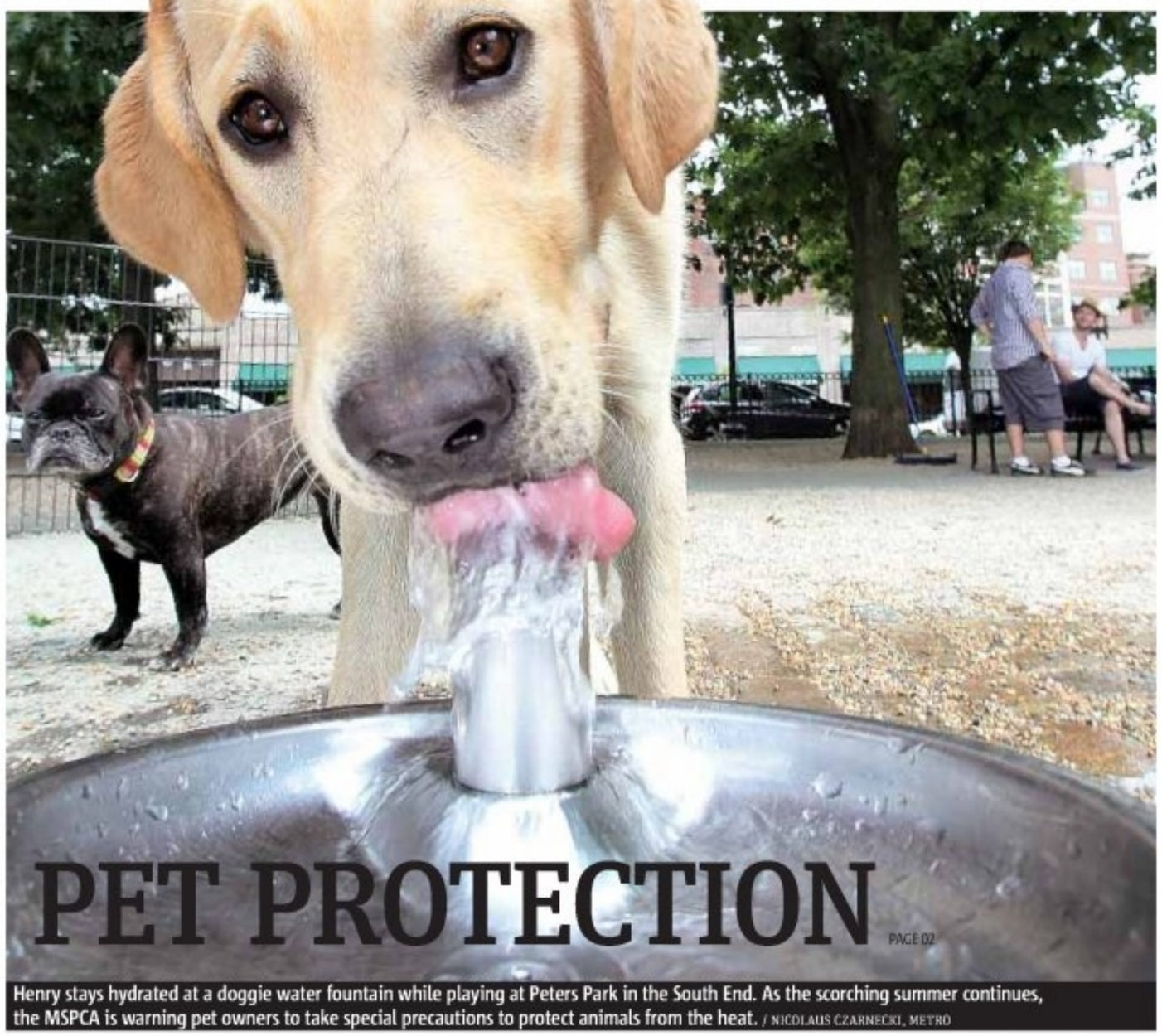

PET PROTECTION PAGE 02

Henry stays hydrated at a doggie water fountain while playing at Peters Park in the South End. As the scorching summer continues, the MSPCA is warning pet owners to take special precautions to protect animals from the heat. / NICOLAUS CZARNECKI, METRO

Fire scene investigated for possible crowding

Five alarms. About 100 firefighters responded to the Allston blaze that displaced 20 residents. **Injuries.** One firefighter and two residents were hurt. **Investigation.** Building inspector to examine basement apartments. PAGE 02

Officials examine airplane crash PAGE 06

Employing a smoker can be a real drag

PAGE 15

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1 NEWS

Today's tweet

"MBTA lesson #516: Let people know you're in a couple by stroking your partner's knee for the entire ride."

@magpenzon, on MBTA PDA

Top 3

What's trending online at Metro.us

1 'How drunk was Tyler Seguin when he tweeted this?'

2 Videos: 'Bystanders record San Francisco plane crash'

3 Live blog: 'Updates from the Whitey Bulger trial'

A five-alarm fire in Allston ripped through a Mansfield Street apartment where authorities said 20 people were living. / ERIN BALDASSARI, METRO

Officials investigate five-alarm Allston fire

Homeless. Twenty people were living at the home prior to yesterday's early morning blaze.

A firefighter and two residents were injured yesterday after a fire broke out at an Allston home that housed as many as 20 people.

About 100 firefighters responded to the blaze, which sent two residents and a firefighter to the hospital with minor injuries, including smoke inhalation.

The fire started around 7:12 a.m. at the three-story home located at 12 Mansfield St., and it quickly spread to homes on both sides and one home in back of the fire. It caused more than $1 million in damage, according to District Chief Gerald Hogan, who said all 20 residents, including one child, were displaced by the blaze.

Euzelia Souza lived on the second floor with six people and her two-year-old daughter.

"My husband went out into the kitchen and we heard the smoke alarm. I grabbed my purse and my daughter, and we started to see black smoke coming out and then I came down," said Souza. "We were all sleeping, so I don't know what would have happened if my husband didn't go out and hear the alarm."

Fire officials yesterday were investigating the cause of the fire, but Hogan said it seemed to have started in the rear.

It was unclear yesterday whether an inspection by the city's Inspectional Services Department found that the home violated occupancy limits. A Boston University student was killed in April during an early morning fire that broke out in an Allston home occupied by 18 people. That homeowner was cited for occupancy violations.

Overcrowding?

"We do know that there were bedrooms in the basement. The chief requested the building inspector look into it."

Boston Fire Department spokesman Steve MacDonald, on whether the home violated occupancy limits

MORGAN ROUSSEAU and ERIN BALDASSARI

Zelda drinks from the dog water fountain in Peters Park in the South End. NICOLAUS CZARNECKI, METRO

Hot dogs. MSPCA warns of animal heat stroke

Heat stroke is the leading cause of pet deaths in summer months, according to the Massachusetts Society for the Prevention of Cruelty to Animals.

Animals that are left home during heat waves are at risk if temperatures within the residence reach 80 degrees or more, and can benefit from fans and air conditioners, said Dr. Kiko Bracker, of Angell Animal Medical Center.

Bracker also recommended that pet owners walk their dogs in the early morning or late evening, and always carry water on hand.

MORGAN ROUSSEAU

MBTA death

Man killed by Red Line in Somerville

A man in his 30s was killed Saturday when he trespassed on inbound train tracks at the Davis Square T station in Somerville.

The victim, who was not identified, had to be removed from under a Red Line train around 10:11 a.m. Saturday, causing service to be temporarily suspended in both directions between between Harvard and Alewife.

Transit officials are investigating the incident, but have not indicated why the man was trespassing. METRO

Pats gear

At least 1,200 Hernandez jerseys exchanged

As of yesterday, at least 1,200 people had given up their Aaron Hernandez New England Patriots jerseys at the team's official ProShop following the former tight end's murder charge.

Over the weekend, the Patriots' ProShop offered a free exchange of any No. 81 Hernandez jersey purchased at the ProShop or online at www.patriotsproshop.com. METRO

Fighting leukemia

MBCR to hold bone marrow drive

Inspired by a train conductor who is fighting leukemia, the Massachusetts Bay Commuter Railroad Company and Dana-Farber Cancer Institute are holding a bone marrow drive tomorrow at South Station.

Donors between the ages of 18 and 44 can stop by the main concourse between 10 a.m. and 2 p.m. to get their cheek swabbed and enter the national bone marrow registry. METRO

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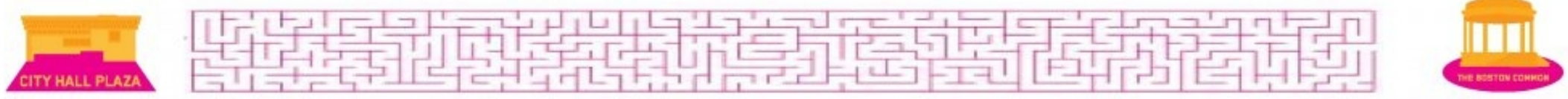

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Whitey trial. Bulger's former right-hand man due to testify this week

Kevin Weeks was once James "Whitey" Bugler's right-hand man, working together to shake down people and get people killed, Weeks has said.

But this week, possibly as early as today, Weeks will sit just feet away from Bulger and help the government try to send Bulger to prison.

Bulger, 83, is on trial for murder and racketeering for his alleged role as leader of the Winter Hill Gang.

Weeks, 57, was arrested in 1999 and served five years in jail for his role in the mob, and he eventually turned into a cooperating witness for the government in its prosecution of Bulger once he learned about Bulger's informant status with the FBI.

In 2006, he released a book titled "Brutal: The Untold Story of My Life Inside Whitey Bulger's Irish Mob," and two years ago he released the fictional book "Where's Whitey?"

Weeks is considered to be a key witness for the government — one who can provide firsthand accounts of Bulger's alleged illegal activities.

In 2011, Weeks briefly testified about helping Bulger's girlfriend meet Bulger before the two fled Boston. Weeks' testimony during Bulger's trial will consist of far more serious crimes. **MICHAEL NAUGHTON**

Trial pace

On Tuesday, the last court day before the holiday weekend, Judge Denise Casper gave an update on the pace of the trial.

- Casper told jurors that prosecutors believe their case is moving along faster than anticipated and the trial could wrap up in early September.
- The jury was originally told the trial could last through September.

Chowin' down on chowdah

Patricia Blaise dished out chowder to Matt Stolarz, of New Jersey, yesterday on City Hall Plaza. Blaise's company, Wyndham Beacon Hill, was one of a half-dozen restaurants serving a total 2,000 gallons of chowder while vying for the title of "Boston's Best Chowder" at the 32nd annual Boston Chowderfest. / NICOLAUS CZARNECKI, METRO

Murder probe. Third suspect to be arraigned in Aaron Hernandez case

A third man is set to be arraigned today on charges that he helped former New England Patriots tight end Aaron Hernandez allegedly carry out a murder last month.

Ernest Wallace, 41, is expected to be formally charged with accessory to murder after the fact in Attleboro District Court, Bristol County District Attorney Sam Sutter said.

Wallace turned himself in to police in Miramar, Fla., after his wanted poster was released last month.

The charge relates to the June 17 homicide of Odin Lloyd, 27, a Dorchester man who was fatally shot near Hernandez's North Attleboro home. Hernandez, 23, was charged with the murder on June 19 and released from the Patriots. A second man, Carlos Ortiz, was arrested on June 26 for his alleged involvement in the fatal shooting. **METRO/MR**

Deadly heat

Postman dies delivering mail

A 45-year-old postal carrier died Saturday after collapsing the day before while delivering mail in Medford.

James Baldassarre, of Haverhill, was found lying on the ground around 5:40 p.m. Friday when temperatures hovered in the 90s.

His wife told a local news station that he had texted her in jest, "I'm going to die out here today. It's so hot."

She said her husband, a 24-year U.S. Postal Service veteran, had a body temperature of 110 degrees. **METRO**

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Huge crowds rally in Egypt as political process falters

Violence. Clashes broke out again in Alexandria, where 14 people died on Friday.

Hundreds of thousands of supporters and opponents of ousted Egyptian President Mohamed Morsi gathered in Cairo and Alexandria yesterday, two days after similar gatherings led to nationwide clashes that claimed more than 30 lives.

The crowds, likely to stay on the streets until the early hours, raised the risk of further violence while a military-driven plan to resolve the political crisis remained mired in mistrust and confusion, dashing hopes of a quick fix.

Protesters opposed to Morsi crammed into Cairo's Tahrir Square and at the presidential palace in a festive atmosphere. Unlike Friday, there were no running street battles with Morsi's supporters and soldiers.

Those backing Morsi and his Muslim Brotherhood party concentrated in vast numbers outside a mosque in the northeast of the city, and outside the Republican Guard barracks where Morsi was being held and three people were killed Friday.

REUTERS

Protesters attend a large rally in Tahrir Square against ousted Egyptian President Mohamed Morsi yesterday in Cairo. / GETTY IMAGES

US support

Lawmakers urge calm, cautious approach to Egypt

The United States is unlikely to pull its $1.5 billion in mostly military aid to Egypt any time soon, lawmakers said yesterday, despite the Egyptian military takeover of the government.

"We should continue to support the military, the one stabilizing force in Egypt that I think can temper down the political feuding," Rep. Mike Rogers, R-Mich., said on CNN's "State of the Union."

Other lawmakers agreed Washington should use caution in responding to the turmoil in Egypt.

Death toll rises. About 40 still missing after runaway oil train blast

The death toll from the explosion of a runaway freight train in a small Quebec town rose to five and another 40 people were still missing, police said yesterday.

The driverless train derailed and blew up early Saturday in Lac-Megantic, destroying dozens of buildings in the town center. "Two more people have been recovered, two more bodies, which brings the [death] total to five. ... There are about 40 people, more or less, who are considered to be missing," police spokesman Michel Brunet told reporters. "There could be more. There could be less." REUTERS

Wreckage continues to burn yesterday after a freight train loaded with oil derailed Saturday in Lac-Megantic in Canada's Quebec province. / GETTY IMAGES

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BOSTON SPORTS ((LIVE))

Snowden: NSA 'in bed' with Germany and other countries

Spying. Snowden fled in May, just a few weeks before details he leaked were published.

America's National Security Agency works closely with Germany and other Western nations on a "no questions asked" basis, former NSA employee Edward Snowden said in comments that undermine Chancellor Angela Merkel's indignant talk of "Cold War" tactics.

"They are in bed with the Germans, just like with most other Western states," German magazine Der Spiegel quotes him as saying in an interview published yesterday that was carried out before he fled to Hong Kong in May and divulged details of extensive secret U.S. surveillance.

"Other agencies don't ask us where we got the information from, and we don't ask them. That way, they can protect their top politicians from the backlash in case it emerges how massively people's privacy is abused worldwide," he said.

Snowden's comments about cooperation with governments overseas, which he said were led by the NSA's Foreign Affairs Directorate, appear to contradict the German government's show of surprise at the scale of the United States' electronic snooping.

REUTERS

Globo newspaper

Brazil targeted by NSA, report claims

Brazil will demand an explanation from the U.S. over reports its citizens' electronic communications have been under surveillance by U.S. spy agencies for at least a decade, foreign minister Antonio Patriota said yesterday.

Patriota's remarks were in response to a report in the Globo daily newspaper yesterday saying that the National Security Agency has been monitoring the telephone and email activity of Brazilian companies and individuals as part of U.S. espionage activities.

The report cited documents obtained from U.S. fugitive Edward Snowden.

Demonstrators rally for Edward Snowden and other whistle-blowers at Place du Trocadero in Paris yesterday. / GETTY IMAGES

Fatal disease

Two more die in Saudi Arabia from MERS

Two more people have died of the SARS-like coronavirus MERS, Saudi Arabia's Health Ministry said, bringing to 38 the number of deaths from the disease inside the country shortly before Islam's Ramadan holiday, when many pilgrims visit.

A 2-year-old child died in Jeddah and a 53-year-old man died in Eastern Province, where the outbreak has been concentrated, the ministry said in a statement on its website.

Four people have died outside the kingdom.

The ministry said another three people had been confirmed as being infected with Middle East respiratory syndrome, bringing the total number of confirmed cases inside the kingdom to 65 since it was identified a year ago.

REUTERS

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Model in photo is for illustrative purposes only

1 Beyonce and Solange did not attend their father's wedding

Did you watch "Life Is But a Dream," the documentary about how Beyonce became the megastar she is? The biggest takeaway was how rigid of a father and manager Mathew Knowles was to his daughters. After Beyonce and Destiny's Child lost on "Star Search," he quit his job to oversee the act and developed a pop "boot camp." One daily task he made them do was to jog while singing, in order to develop the stamina needed to perform in arenas.

Mathew Knowles is why Beyonce is Beyonce.

But that doesn't mean she has to go to his wedding.

Knowles married Gena Avery in Atlanta last Sunday, but Beyonce and Solange did not attend. "Unfortunately, Beyonce and Solange had previous engagements which made it impossible for them to attend," Mathew Knowles told TMZ.com.

This snub further solidifies rumors that Beyonce is on the outs with her dad. Beyonce famously fired him as her manager in 2011. The fact that Knowles fathered a son named Nixon while still married to his first wife and Beyonce's mother, Tina Knowles, also probably doesn't help family get-togethers.

Paltrow more positive on marriage

Despite some griping about marriage being "hard" earlier this year, Gwyneth Paltrow insists that getting hitched to Coldplay frontman Chris Martin was a great idea. When asked by Good Housekeeping about the best decision she's made in her life so far, Paltrow says, "To marry my husband." In May, her thoughts on marriage to Glamour magazine sounded more weary, though: "It's hard being married," Paltrow told the magazine. "You go through great times, you go through terrible times."

Paltrow and Martin celebrate their 10th wedding anniversary this coming December.

2

THE WORD

Dorothy Robinson takes on the world of gossip.

DOROTHY ROBINSON
@dorothyatmetro
dorothy.robinson@metro.us

Charles Saatchi makes another scuzzy move

In the wake of allegedly choking wife Nigella Lawson in public last month, art collector Charles Saatchi is divorcing her, he confirms to the Mail. "I am sorry to announce that Nigella Lawson and I are getting divorced," Saatchi says. "I am disappointed that she was advised to make no public comment to explain that I abhor violence of any kind against women."

Hold up! Why is he blaming her for their divorce? Does he want us to feel sorry for him because he was caught being a jerk? Also, come on, Nigella — I hope the fact you haven't said anything on the matter is because you are launching a massive PR campaign that makes you seem strong, confident and assured.

2

2 CULTURE

Twitter feed

We check in with some of Hollywood's biggest names to see what they've been up to — in their own words, in 140 characters or fewer.

Today, Dwayne Johnson is feeling much better after his massage and Jason Alexander just lost a lot of money.

@TheRock: A masseuse named Kristina. Four Seasons - Budapest. THE strongest hands I've ever felt. Pain so good I think I met Jesus.

@IJasonAlexander: Brutal day of poker. Great hands simply didn't hold up. I got crushed. But this is when I remember, I have a great f—ing life. So, onward.

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'100 percent real' and 100 percent 'Drunk'

'History' lesson. The creators of "Drunk History" discuss their snobby approach to Internet comedy and what drew Jack Black to the project.

"Drunk History" premieres Tuesday at 10 p.m. on Comedy Central. Look for Bob Odenkirk as Richard Nixon and Jack Black as Elvis Presley. Go online for a full Q&A with Waters and Konner, inset. / RON BATZDORFF

"Drunk History" began as a short film for Derek Waters' comedy act, and that's all it was supposed to be.

"Its only intent was to be for a live show I was doing," Waters reminisces. "It was my own show and I was trying to show videos. I figured it was better to make people laugh than to put it online."

But it grew into an Internet sensation picked up by Funny or Die and now, seven years later, Waters and co-creator/director Jeremy Konner are bringing their "Drunk History" to Comedy Central. Waters says his initial reluctance to even put the videos online came from how people used to view Internet comedy.

"It was right when the Internet was being judged by hits over comedy. I'm still a snob, but I was a bigger one back then," he says. "Nothing really happened until we put it on the Internet and it got on the front page of YouTube and then Jack Black saw it and said, 'I always wanted to be Ben Franklin.' And that was that. You can't really turn down Jack Black. Why would you?"

Gathering comedic friends and notable fans, Waters and Konner film drunken narrators as they tell enthusiastic historic tales warped by inebriation, brought to life by A-list celebrities with truly hilarious results. While it's hard to imagine that the participants are actually that drunk, Waters assures us that everything, even the vomiting, is the result of unscripted excess.

"It's 100 percent real," says Waters. "The narrators are completely drunk and the reenactors are completely sober. We're trying as hard as we can to tell you about history. It just so happens that it's slightly altered."

But Konner says the narrators plan enough in advance that they at least try to get their stories straight. But that hardly ever happens.

"We absolutely allow the stories to take their course," he says. "We go in with a plan and the plan goes out the window immediately. What's been funny and interesting in this process is that people know the story very well. They do the research — which they should — they brush up and read over their books. We think we know how the story is going to go, but no!"

NOLAN GAWRON
letters@metro.us

Make a Wish?

Black is back (along with other all-stars)

Taking on stories about Elvis, Nixon, Nader, Lincoln and more, "Drunk History" hosts recurring guests like Jack Black, along with A-listers like Dave Grohl, Bob Odenkirk, Lisa Bonet, Bill Hader, Aubrey Plaza and Owen and Luke Wilson.

- "I knew some of them," says Waters, pictured above, "but we had a casting director and we would dream a little dream. There's no real way to say how this all happened, because I still don't know. I've often thought I'm in the Make a Wish Foundation and I'm about to get really bad news."

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Gru bests the Lone Ranger

Box office. Yet another mega-blockbuster (somewhat unfairly) bit the dust this weekend.

The reformed villains of "Despicable Me 2" laid claim to lots of Americans' money this weekend. / UNIVERSAL PICTURES

The diminutive minions of "Despicable Me 2" upstaged Johnny Depp at the weekend movie box office.

The animated sequel hauled in an impressive $82.5 million in the United States and Canada from Friday through Sunday, more than double the weak $29.4 million for Walt Disney's big-budget Western "The Lone Ranger," which stars Depp as the masked man's Native American partner Tonto.

The two films began their box office battle on Tuesday night to grab moviegoers ahead of Thursday's Independence Day holiday. From their debuts through Sunday, "Despicable Me 2" earned $142.1 million, while "Lone Ranger" grossed just $48.9 million, below pre-opening forecasts for at least $60 million.

Families lifted "Despicable Me 2," which finished far above industry projections and achieved the biggest-ever five-day opening for an animated film.

In the new film, Gru is a single father to three adopted daughters and becomes a spy for an anti-villain league. His devoted group of workers, the goggle-and-overall-wearing minions, get more screen time for their slapstick antics and song-and-dance numbers.

"The Lone Ranger" cost Disney $225 million to produce plus at least $100 million for marketing. The poor opening raises the possibility that the movie could saddle the media giant with a loss on the film, which is an action remake of a 1930s radio show and a 1950s TV series.

"Obviously this is disappointing," said Dave Hollis, vice president of distribution for Walt Disney Studios. "It obviously didn't connect with audiences, and it's frustrating for us. We felt we had everything in place for it to succeed."

"The Lone Ranger" added $24.3 million from international theaters during the weekend, bringing its global take to $73.2 million through Sunday, according to Disney.

Hollis said it was still "a little too early to tell just yet" whether the film might eventually be profitable, with the bulk of its international openings still to come.

Lifting Disney's spirits is its bona fide hit animated prequel "Monsters University," from the company's Pixar studio, which finished the weekend in fourth place, grabbing $19.6 million for the weekend. Its global total topped $400 million through Sunday.

The female buddy comedy "The Heat," starring Sandra Bullock and Melissa McCarthy, took the No. 3 slot pulling in $25 million, while the Brad Pitt zombie thriller "World War Z" earned $18.2 million to finish in fifth place.

REUTERS

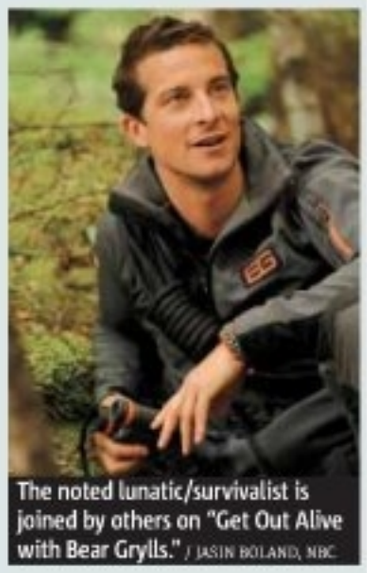
TV watch list

REALITY

'Get Out Alive with Bear Grylls'

Adventure junkie/survivalist/probable lunatic Bear Grylls takes teams of would-be adventure junkies/survivalists/probable lunatics into the wilderness and — presumably — helps them stay alive in this new reality show. On his prior show, we watched Grylls crawl inside a rotting camel carcass for shelter, so we assume these people are in for a treat.

9 P.M., NBC


The noted lunatic/survivalist is joined by others on "Get Out Alive with Bear Grylls." / JASIN BOLAND, NBC

REALITY

'Bizarre Foods America'

In this episode, Andrew Zimmern (who is like the Bear Grylls of the culinary world) goes off in search of "octopus bile sac." We wish him well surviving that, let alone enjoying it.

9 P.M., TRAVEL

REALITY

'Hollywood Exes'

Season 2 opens with Drea and Jessica fighting about something dumb that happened on Twitter and Mayte revealing some big news. If you know who any of those people are, you're one step ahead of us. **SEASON PREMIERE, 9 P.M., VH1**

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HOW TO SOUL SEARCH TO FIND YOUR PURPOSE

PLUS

More advice

No. 4: Create community

Interpersonal relationships are the greatest catalyst for creating a movement. In 2008, before my first book came out, I felt overwhelmed by the emails I received. I deeply wanted to serve each person who sought help, but I didn't have the bandwidth. I meditated on it and my inspiration spoke through me, saying, "Create a social networking community." Within a month I set up www.herfuture.com. Today, nearly 32,000 members work together to inspire, empower and connect with one another. This community has greatly helped me carry my message and serve at a higher capacity. Engage your local or online communities to help you carry out your work. You'll be amazed by the response to your call to action.

Look for inspiration in the little things. / CREATAS/GETTY IMAGES

In my 12 years as an entrepreneur I've come to realize that without my deep passion and desire to serve, I never would have been able to accomplish what I have. A powerful force has been working through me to achieve much success.

This force I speak of is within us all — we just have to allow it to come forth.

I believe that if you want to build a successful business based on service, you must be fiercely passionate about your work.

You have the power to awaken to your own passion to create a socially responsible and immensely fulfilling career; you just have to release all that blocks you from believing you can. Jump-start your own shift with these key principles for getting paid for your passion and stepping into your soul-centered career.

No. 1: Be moved by your mission. When we're inspired by our work, an invisible creative force takes over. Call it God, call it the Universe, call it whatever you wish. This energy leads us to learning opportunities, supportive people and miraculous guidance that guide our career paths.

When we invite this presence into our career, we allow inspiration to lead the way. Tap into what inspires you most. Then allow that inspiration to take over your consciousness and show you what to do. This spiritual intervention happens to us all in unique ways. The question is not, "How do I get there?" Rather, ask, "What am I passionate about?" Focus on that passion and trust the universe will lead the way.

No. 2: Focus on the 'we,' not the 'me.' I built my business as a spiritual teacher, author and speaker because of my deep desire to create community and engage people in a transformational conversation. I believe that even my Twitter followers can feel my deep desire to serve the larger "we" rather than serve my ego's "me, me, me." I've learned that the best way for me to lead is to guide others to lead one another. Whatever your mission, focus on empowering the "we."

No. 3: Take inspired action. Often people begin their careers inspired by a mission only to get bogged down by daily tasks and practical steps that snuff out the spark of passion. Counteract it by consciously taking inspired action daily. Back each mundane task with the same fierce passion that ignited your work. When you infuse your passion into the present moment, you invite the force of energy to work through you — and, in effect, you can expand time. Things get done, deadlines get met and your work has an impact. Make inspiration your business partner.

Zen In The City

GABRIELLE BERNSTEIN

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Gabrielle Bernstein is the author of "Spirit Junkie."

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WHAT'S THE REAL COST OF LIGHTING UP?

In a world where time is money, smoke breaks can quickly add up. / THINKSTOCK

Work health. The cost of smoking doesn't end with the ever-increasing price of a pack of cigarettes.

No matter how you look at it, smoking is expensive — beyond the actual pack of smokes, treatment expenses and healthcare for smokers often break the bank. To combat some of these expenditures, there have been national campaigns to either reduce or fully outlaw public smoking. A new study from Ohio State University shows another way that smoking has become a burden: through those little bits of time smokers use to light up.

According to the June study, employing smokers will cost employers upward of $5,800 per smoker, per year. The costs due to loss of productivity because of periodic smoke breaks is more than $3,000 per smoker, per year. Attorney Gregg Salka, of the law firm Fisher & Phillip, represents employers who are concerned that employing smokers is bad for business.

As a representative for the employers, what are your biggest concerns about employing smokers?
Employers that have employees who take breaks in increments of five to 20 minutes throughout the day; if those employees are hourly, they need to be compensated. So I'm assuming that would decrease productivity just as someone who's browsing Amazon or posting on Facebook.

Is there anything else you'd like people to know about smoking and workplace productivity?
I think [employers] should really treat all their employees the same, regardless of whether they're smokers or nonsmokers or Facebookers or non-Facebookers. An individual who is taking a break away from working time for whatever reason should be treated and disciplined the same.

COURTNEY M. FOWLER
letters@metro.us

Solutions

What are some of the direct actions employers are planning to take with regards to the costliness of employing smokers and their breaks?
The best bet for employers is probably to institute some sort of a wellness program to reduce the overall likelihood that individuals will continue to smoke. Your costs will go down because your employees will be healthier, and they'll presumably be smoking less and working more. There are also subsidies that are available under the Affordable Care Act in certain situations for employers that implement such wellness programs, so that's another way to recoup some of the costs that are associated with smoking issues.

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Horoscope

♋ Cancer | June 21-July 22. No one will be able to handle your affairs as competently as you, so do as little delegating as possible. Being self-sufficient will enhance your chances for success.

♌ Leo | July 23-Aug. 22. Finally, things could start happening that will enable you to fulfill an important objective. Make your move the moment you get the opportunity.

♍ Virgo | Aug. 23-Sept. 22. You must always strive for rational thought, but not to the extreme of quashing your dreams. Just make sure your optimism is based in reality.

♎ Libra | Sept. 23-Oct. 22. You're about to enter a new cycle where, if you apply yourself, you should be able to upgrade your social status and make some big strides at work.

♏ Scorpio | Oct. 23-Nov. 21. It's a favorable time to find ways to develop your personality and work on your inner life. How much you learn and accomplish will be up to you.

♐ Sagittarius | Nov. 22-Dec. 21. The timing is right and the conditions are conducive for making an important change that you've been anxious to implement. No more talk; start taking positive measures.

♑ Capricorn | Dec. 22-Jan 20. Even if it's not formed for a commercial objective, a partnership arrangement you're putting together can have far-reaching, favorable effects in that sphere.

♒ Aquarius | Jan. 21-Feb 18. You could find yourself in a better position to fulfill an important, ambitious goal that you've had trouble reaching. It pays to keep the faith.

♓ Pisces | Feb. 19-March 20. You should give full expression to urges to organize your affairs more productively. With just a little effort, big improvements can be made.

♈ Aries | March 21-April 20. Finally, you should be able to wrap up a troublesome situation. It'll prove that persistence makes anything possible.

♉ Taurus | April 21-May 21. With your ingenuity and creativity trending upward, it's a good day to capitalize on an unusual opportunity to bring in some big bucks.

♊ Gemini | May 22-June 20. Lady Luck is your ally, so there's a chance that several unusually big opportunities will become available to you. Keep your eyes peeled.

BERNICE BEDE OSOL

Letters

Afford due process

Re: 'Martin didn't start it' (Metro, July 3-7) I wonder what trial letter writer Diane Ives has been watching in order to come up with an opinion as ridiculous as the one from the holiday edition. Ms. Ives must have it in her head the George Zimmerman is guilty of murdering Trayvon Martin no matter what the evidence shows. Because multiple (prosecution) witnesses have said Zimmerman never changed his story (like Rachel Jeantel did) and an eye witness backed up that story, Diane somehow thinks George Zimmerman is lying because he was following Trayvon. But it does matter because when you are bashing a man's skull into the ground, you are trying to kill that person, not simply stopping them from following you. I suggest you keep an open mind, Diane, because this trial has proven why George Zimmerman wasn't immediately charged with anything.

KEVIN METZ, VIA EMAIL

Online

Read letters at Metro.us

In addition to news, features, updates and more, Metro is posting letters to the editor at Metro.us.

New saints come marching in

I would like to applaud Pope Francis and the Catholic Church for elevating Pope John Paul II and Pope John XXIII to the revered and holy state of sainthood. Pope John XXIII sought to bring reforms into the church, while John Paul II sought to bring himself closer to the people in order to fulfill his mission to restore peace in a world so severely divided by hate. We were truly blessed to have had these two saints among us.

FREDERICK R. BEDELL JR., VIA EMAIL

letters@metro.us

Keep them as brief as possible, preferably under 100 words. Metro reserves the right to edit all letters. Please include your name and contact info.

Sudoku: Easy and hard

			4			2		
						7	8	
4	2	7	8		6	9		
	6			1			4	7
		1		3		8		
9	3			6			1	
		4	2		5	6	9	8
	7	6						
		9			1			

					1		6	
8	7	9	5	2				
1					4		7	8
9						8		
	8		6		9		1	
		3						6
5	9		4					1
				9	3	6	5	2
	3		7					

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Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Crossword

Across

1 Where to get a draught
4 Form droplets
8 Edible lichen
13 Sotto –
14 Bear constellation
15 Heeds
16 Hide
17 Jungle (2 wds.)
19 Island off Manhattan
21 Big fuss
22 Think-tank output
23 Oodles (2 wds.)
25 Grassy area
27 Curtail (2 wds.)
31 Tycoons
35 Ms. Hagen of films
36 Violinist – Stern
38 Doctrine
39 Wis. neighbor
41 Watson and Thompson
43 Trade punches
44 Old war story
46 Immunity shot fluid
48 "The Loco-Motion" girl
49 Caught, as a fish
51 Fixed the software
53 Jagged rock
55 Use a spoon
56 Eye protector
59 Sharp turn
61 Delphi priestess
65 Not to the point
68 It eats change
69 Dull surface
70 Pound or Cornell
71 Carpet thickness
72 Humble
73 Authentic
74 Sun in Juarez

Down

1 Limerick writer
2 Westwood sch.
3 Fighting fish
4 North African garment
5 Baseball stat
6 Where Cambodia is
7 Just great
8 Meadow plaint
9 Condenses
10 More than want
11 NASDAQ rival
12 Film terrier
13 FDR had three
18 Suds
20 Grades 1-12
24 Cable cars
26 Go bad
27 Curry powder ingredient
28 Serviceable
29 Implied but unsaid
30 No longer wild
32 Dismantle a tent
33 Shove off
34 Famed viol.
37 Minds
40 Axes
42 Partial accumulation
45 Berlin article
47 California's – Woods
50 Bewilder
52 Understands
54 Generous one
56 Type of bean
57 Haik wearer
58 Young lady of Sp.
60 Steady look
62 Ad award
63 Laze around
64 Bastille Day season
66 Bruce — of kung fu
67 Gun lobby

Weekend's answer

A	H	A	B	■	J	U	T	E	S	■	R	E	B	A
G	A	L	E	■	U	S	H	E	R	■	A	V	E	R
O	U	S	T	■	R	E	E	K	S	■	M	E	E	T
G	L	O	W	W	O	R	M	S	■	H	A	S	T	Y
■	■	■	E	A	R	■	■	R	I	D	■	■	■	■
I	M	M	E	R	S	E	■	A	S	S	A	I	L	S
N	O	O	N	S	■	M	E	R	V	■	N	O	A	H
L	O	X	■	■	S	C	R	A	P	■	■	T	S	E
A	C	I	D	■	H	E	R	B	■	T	E	A	S	E
W	H	E	E	L	I	E	■	S	P	O	N	S	O	R
■	■	■	A	Y	N	■	■	A	N	A	■	■	■	■
H	O	R	D	E	■	P	H	Y	S	I	C	I	S	T
A	M	I	S	■	L	I	M	O	S	■	T	A	C	O
Z	O	N	E	■	A	N	O	D	E	■	E	G	A	D
Y	O	G	A	■	M	E	S	A	S	■	D	O	M	O

Interactive Crossword

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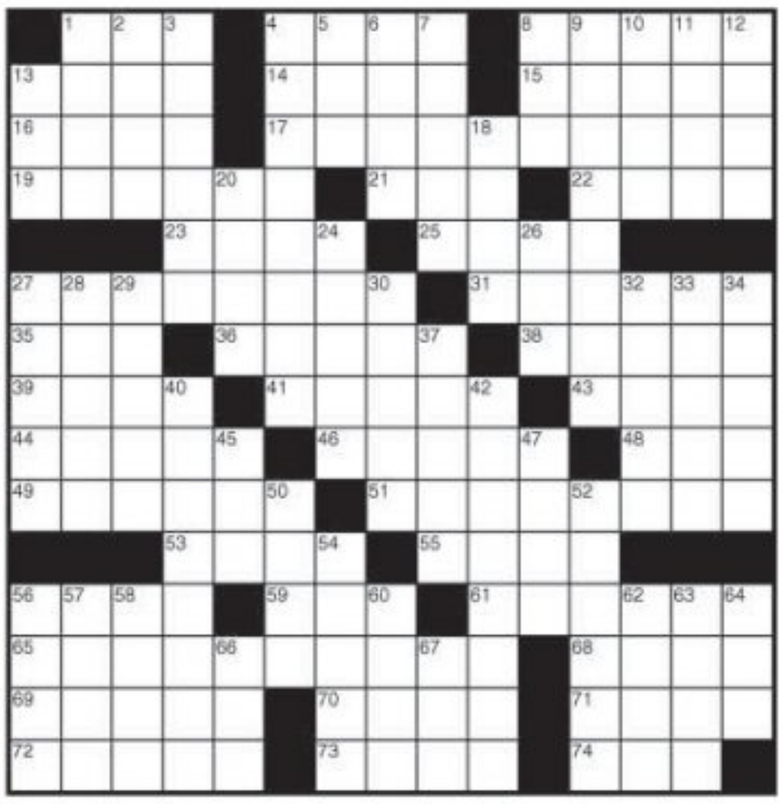

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Dustin Pedroia and crew have more than gotten the job done in the early innings. / STEPHEN DUNN, GETTY IMAGES

First on the board, first in standings

MLB. A key to success for the Red Sox has been their ability to strike early.

One of the more critical parts in winning Major League Baseball games is getting off to fast starts and taking control of the game starting in the first inning.

"I think overall it is huge to get off to a good start and put up a zero in the first inning [for opponents], and then if we score one run or two runs that next inning, it is crucial to put up a zero that next inning," said Red Sox catcher Jarrod Saltalamacchia.

One of the many issues for the 2012 Red Sox in their disastrous 69-win season was their inability to start games strong. They ranked last in all of baseball, allowing an average of 0.78 runs in the first inning. For the season, they trailed in 47 games, compared to leading in just 33. Their pitching staff had an ERA of 8.09 in those first innings as well.

The 2013 club has led in 25 games after the first inning, compared to trailing in just 17, and their pitching staff's ERA is a little more than two points lower, at 5.99. They lead all of baseball in runs scored in the first inning, averaging 0.74 runs per game, and are a much improved No. 12 in the league in runs allowed (0.47).

Red Sox hitters have done their part at the top of the order to lead off games, as Jacoby Ellsbury, Shane Victorino, Dustin Pedroia and David Ortiz are hitting a combined .339 in the first inning, with an on-base percentage of .383.

RYAN HANNABLE
sports@metro.us

Early bird special

0.74

The Red Sox lead all of baseball in runs scored in the first inning, averaging 0.74 runs per game. They are No. 12 in runs allowed in the first, at 0.47.

3 SPORTS

Find video and a recap of last night's Red Sox-Angels game in Anaheim: **Metro.us/sports.**

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Citation G.L.c. 210 § 6

Docket No. MI13A0073AD

Commonwealth of Massachusetts The Trail Court Probate and Family Court

In the matter of: Jadeyn Elizabeth O'Meara

To: any unnamed or unknown parent and persons interested in a petition for the adoption of said child and to the Department of Children and Families of said Commonwealth.

A petition has been presented to said court by:

Michele Shields of Watertown, MA

John N. Shields of Watertown, MA

requesting for leave to adopt said child and that the name of the child be changed to Jadeyn Elizabeth Shields

Middlesex Probate and Family Court
208 Cambridge Street Cambridge, MA 02141
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WITNESS, Hon. Peter C DiGangi First Justice of this Court.
Date: June 11, 2013

Register of Probate

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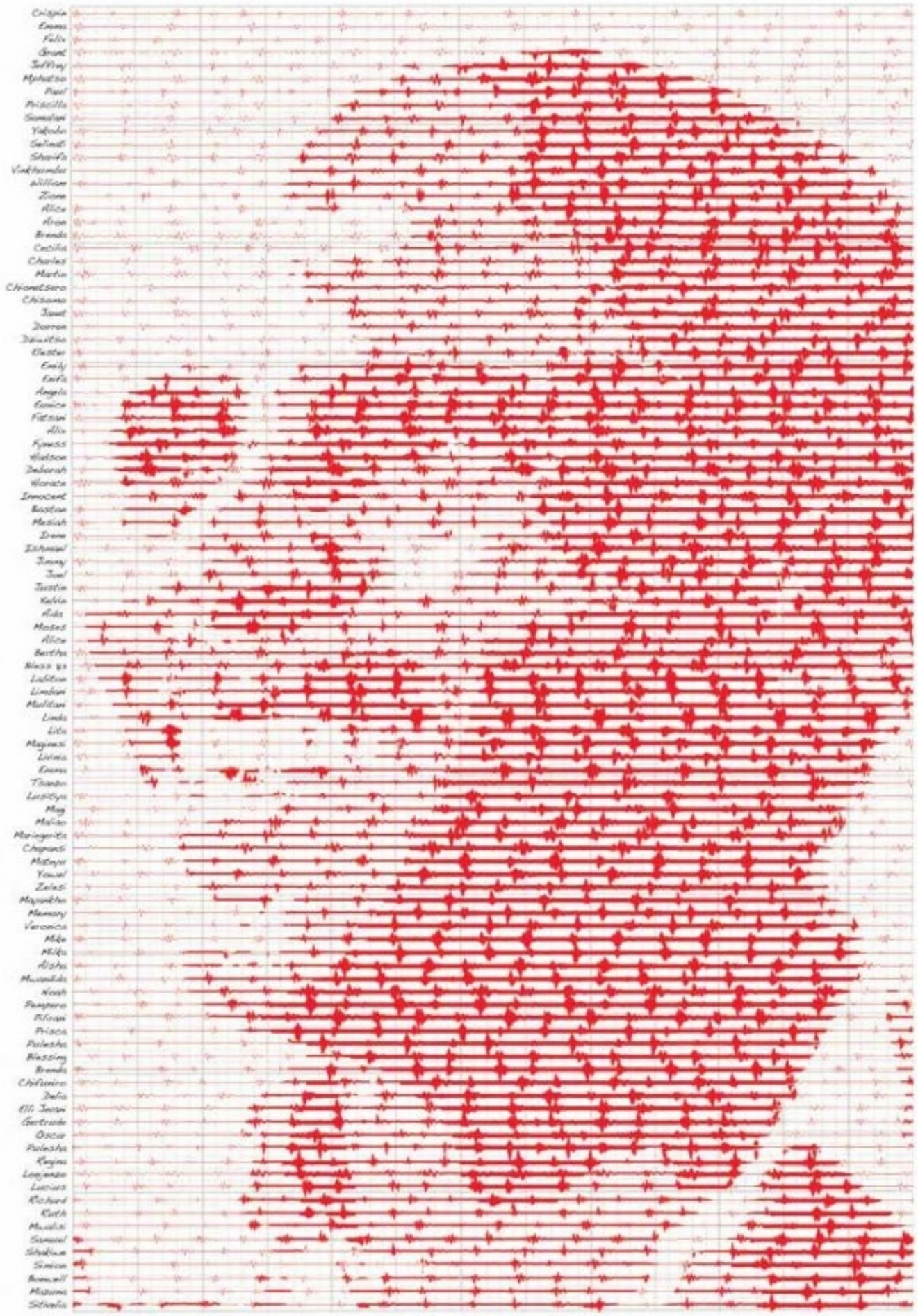

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